



# Sacred Self affirmations



## Self-love range of 33 alchemical oils

- 1 | **Self-love:** ..... I love and accept myself
- 2 | **Receive:** ..... I appreciate and acknowledge all of me
- 3 | **Innocence:** ..... I am a Divine child
- 4 | **Surrender:** ..... I surrender to my feelings
- 5 | **Creativity:** ..... I allow my creative expression to flow with ease
- 6 | **Truth:** ..... I express my truth with love
- 7 | **Trust:** ..... I trust myself
- 8 | **Let Go(d):** ..... I let go and I let God
- 9 | **Abundance:** ..... I live in an abundant universe
- 10 | **Joy:** ..... I radiate joy
- 11 | **Intimacy:** ..... I find freedom in my vulnerability
- 12 | **Divine Man:** ..... Divine Man I am
- 13 | **Goddess:** ..... I am the Goddess
- 14 | **Sanctuary:** ..... My heart is my home
- 15 | **Forgiveness:** ..... I forgive myself
- 16 | **Oneness:** ..... I AM
- 17 | **Clarity:** ..... I am clear
- 18 | **Passion:** ..... I live my passion
- 19 | **Freedom:** ..... I set myself free
- 20 | **Inspiration:** ..... I am inspired
- 21 | **Divine:** ..... I honour my divinity
- 22 | **MotherLove:** ..... I accept the gifts of my Motherline
- 23 | **Integrity:** ..... I honour my commitments to myself
- 24 | **Courage:** ..... The power is within me
- 25 | **FatherLove:** ..... I accept the gifts of my Fatherline
- 26 | **Peace:** ..... Peace begins with me
- 27 | **Radiance:** ..... I let my inner beauty shine
- 28 | **Authentic:** ..... I reveal my true self
- 29 | **Presence:** ..... I am safe in my body
- 30 | **Wisdom:** ..... I listen to my inner guidance
- 31 | **Respect:** ..... I respect myself
- 32 | **Grace:** ..... I am full of grace
- 33 | **Divine Union:** ..... I am the One
- 34 | **Womb Love:** ..... I birth my soul gifts into the world

## Inspired Action range of 3 alchemical oils

- 35 | **Completion:** ..... I am complete
- 36 | **Integration:** ..... I integrate what I've learnt
- 37 | **Manifestation:** ..... I manifest my heart's desires



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self-love ♥ truth ♥ freedom